

TREINO REGENERATIVO

???? ??????: TREINO REGENERATIVO
 ??????: 06:30 23/05/2022
 ????? ??????: 50 Km
 ????? ??????: 211
 ?????: 208

Pos	???????	PAIS	??????	EQ.	???
1	1017546 21 BR		PIPI GV E DANIEL E U A	81	07:05:31.1 24/05/2022
2	1168170 21 BR		ALBERINO E OLHO VERDE	24	07:05:32.2 24/05/2022
3	1036770 21 BR		GUSTAVO	5	07:07:37.4 24/05/2022
4	1372552 21 BR		CHICAO E FERNANDO	49	07:07:38.6 24/05/2022
5	396976 21 BR		THEO XALI	78	07:07:43.8 24/05/2022
6	1043923 21 BR		DIRCEU BARBACENA 5	11	07:08:20.0 24/05/2022
7	1376343 21 BR		CRIS KIKO PAPAGAIO	99	07:08:21.0 24/05/2022
8	1057205 21 BR		ROBERTH MURTA 2	120	07:08:25.0 24/05/2022
9	1025193 21 BR		FARLEY E LUCIANO 2	56	07:08:25.7 24/05/2022
10	1376345 21 BR		CRIS KIKO PAPAGAIO	99	07:08:28.0 24/05/2022
11	1068561 21 BR		DIRCEU BARBACENA 3	9	07:08:30.6 24/05/2022
12	22 21 BR		AMERICO DOS SANTOS	51	07:08:31.5 24/05/2022
13	1376363 21 BR		ISRAEL E ANTONIO CARLOS	91	07:08:38.0 24/05/2022
14	1394230 21 BR		AGNALDO CAPIXABA 2	110	07:08:39.5 24/05/2022
15	261399 21 BR		RENATO E MARCILIO	43	07:08:42.0 24/05/2022
16	1069270 21 BR		JHONATAN BETIM	17	07:08:42.7 24/05/2022
17	1370944 21 BR		ROBERVAL	109	07:08:43.2 24/05/2022
18	1377297 21 BR		ISRAEL SAO GONC 2	67	07:08:46.7 24/05/2022
19	1043922 21 BR		DIRCEU BARBACENA 3	9	07:08:49.0 24/05/2022
20	1018233 21 BR		POMBAL TOMA LITACA	70	07:08:49.7 24/05/2022
21	1043926 21 BR		DIRCEU BARBACENA 3	9	07:08:50.2 24/05/2022
22	224771 21 BR		CRIS KIKO PAPAGAIO E JONATHA	100	07:08:50.9 24/05/2022

23	1374538 21 BR		DIRCEU BARBACENA 2	8	07:08:52.9 24/05/2022
24	1017491 21 BR		DIEGO VESPASIANO	113	07:08:55.9 24/05/2022
25	1377281 21 BR		ISREAL SAO GONC	66	07:08:56.9 24/05/2022
26	1017801 21 BR		CESAR 2	103	07:08:57.7 24/05/2022
27	1074555 21 BR		MARQUINHOS OLIVEIRA	58	07:08:58.4 24/05/2022
28	1036797 21 BR		GUSTAVO	5	07:08:59.1 24/05/2022
29	1032791 21 BR		FERNANDES E RIBEIRO	47	07:09:02.2 24/05/2022
30	1057208 21 BR		ROBERTH MURTA	119	07:09:04.9 24/05/2022
31	1140340 21 BR		EMANUEL SP	74	07:09:09.2 24/05/2022
32	1043941 21 BR		DIRCEU BARBACENA 2	8	07:09:13.0 24/05/2022
33	1079559 21 BR		NEILSON	63	07:09:13.5 24/05/2022
34	1168167 21 BR		DIRCEU BARBACENA 2	8	07:09:17.0 24/05/2022
35	1374531 21 BR		AGNALDO CAPIXABA 3	118	07:09:17.5 24/05/2022
36	1741 21 BR		SALVADOR ALMENARA	115	07:09:20.4 24/05/2022
37	1377298 21 BR		ISRAEL SAO GONC 2	67	07:09:22.2 24/05/2022
38	1018243 21 BR		JONATHAN E PAULO SP	64	07:09:22.9 24/05/2022
39	1140373 21 BR		EMANUEL SP AVULSO	140	07:09:23.0 24/05/2022
40	1028466 21 BR		ABEL E DOUGLAS	1	07:09:23.8 24/05/2022
41	1606082 21 BR		ALVARO E DANIEL	88	07:09:25.0 24/05/2022
42	1017647 21 BR		CESAR 2	103	07:09:25.5 24/05/2022
43	1372562 21 BR		CHICAO-FERNANDO-ANDERSON RO	48	07:09:26.0 24/05/2022
44	1018216 21 BR		RONIEL SP E PAULO SP	89	07:09:27.6 24/05/2022
45	1376344 21 BR		ELISSOM SAO GONÇALO	124	07:09:31.2 24/05/2022
46	1373312 21 BR		RENATO E MARCELO IPATINGA	44	07:09:32.9 24/05/2022
47	1075032 21 BR		DADA ADAILTON	35	07:09:34.5 24/05/2022
48	1374020 21 BR		WELITON GV PADEIRO EUA	85	07:09:36.6 24/05/2022
49	1075125 21 BR		BETINHO E PAULO	34	07:09:41.7 24/05/2022
50	1606087 21 BR		CRIS KIKO PAPAGAIO E JONATHA	100	07:09:42.4 24/05/2022
51	3035937 21 BR		ROBERT E MIGUEL	117	07:09:45.6 24/05/2022
52	1017802 21 BR		CESAR 2	103	07:09:46.5 24/05/2022
53	1049569 21 BR		FRANCISCO BARBACENA	26	07:09:48.2 24/05/2022
54	1374523 21 BR		NANICATE E HUGO	76	07:09:49.5 24/05/2022
55	1112278 21 BR		GABRIEL E REANE	60	07:09:49.5 24/05/2022

56	1018492 21 BR		CLENIO DAMAS ITAUNA	25	07:09:50.1 24/05/2022
57	1372563 21 BR		CHICAO E JHONATA	16	07:09:50.6 24/05/2022
58	1364428 21 BR		AGNALDO CAPIXABA	150	07:09:52.0 24/05/2022
59	1374225 21 BR		ALAN JANUARIA	87	07:09:52.5 24/05/2022
60	1376358 21 BR		ELISSOM SAO GONÇALO	124	07:09:54.4 24/05/2022
61	224761 21 BR		EDNALDO NILO GV	80	07:09:55.6 24/05/2022
62	1374261 21 BR		GILBERTO CRAVO	84	07:09:56.5 24/05/2022
63	1018203 21 BR		RAFAEL GV	68	07:09:56.6 24/05/2022
64	1374264 21 BR		GILBERTO CRAVO 2	83	07:09:58.0 24/05/2022
65	1168175 21 BR		ASSUNCAO E ENACOL	72	07:10:00.0 24/05/2022
66	1168177 21 BR		WELITON GV E IGOR	125	07:10:01.2 24/05/2022
67	1140365 21 BR		EMANUEL SP	74	07:10:01.3 24/05/2022
68	396975 21 BR		THEO XALI	78	07:10:02.6 24/05/2022
69	1374223 21 BR		RALBERTH E WELITON GV	86	07:10:03.8 24/05/2022
70	1396613 21 BR		ROBERTO PORTEIRINHA	40	07:10:05.1 24/05/2022
71	1048845 21 BR		ALAN DIVINOPOLIS	92	07:10:06.0 24/05/2022
72	1734 21 BR		JHONATA E FAMILIA	20	07:10:07.6 24/05/2022
73	1043938 21 BR		DIRCEU BARBACENA 4	10	07:10:11.0 24/05/2022
74	1377295 21 BR		ISRAEL SAO GONC	66	07:10:11.7 24/05/2022
75	1168176 21 BR		JORGE TORRES 2	108	07:10:13.4 24/05/2022
76	1016943 21 BR		GILSON MACIEL	32	07:10:13.5 24/05/2022
77	1018235 21 BR		FERNANDES E RIBEIRO	47	07:10:17.2 24/05/2022
78	1406316 21 BR		JONATHAN E PAULO SP	64	07:10:17.5 24/05/2022
79	1082031 21 BR		POMBAL 4 VIDAS	15	07:10:18.1 24/05/2022
80	1031236 21 BR		ROMARIO E CUBANO	122	07:10:20.8 24/05/2022
81	1070912 21 BR		PASTOR EDSON SP	105	07:10:21.1 24/05/2022
82	1057209 21 BR		ROBERTH MURTA 3	121	07:10:25.5 24/05/2022
83	1019818 21 BR		ANDERSON E WELINGTON	73	07:10:30.4 24/05/2022
84	1028958 21 BR		PIPI GV E DANIEL E U A	81	07:10:32.3 24/05/2022
85	1018249 21 BR		POMBAL TOMA LITACA	70	07:10:36.6 24/05/2022
86	1054698 21 BR		GUSTAVO E NENEGO	94	07:10:37.4 24/05/2022
87	1054556 21 BR		SILVINHO SERRA	96	07:10:37.6 24/05/2022
88	1376349 21 BR		CRIS KIKO PAPAGAIO	99	07:10:38.2 24/05/2022

89	1372558 21 BR		CHICAO E JHONATA	16	07:10:39.0 24/05/2022
90	1087815 21 BR		CHICAO E JHONATA	16	07:10:39.7 24/05/2022
91	3035946 21 BR		DIRCEU BARBACENA 4	10	07:10:40.1 24/05/2022
92	1075117 21 BR		BETINHO E PAULO	34	07:10:41.8 24/05/2022
93	1384863 21 BR		RANDOLFO E NAZAR BH	114	07:10:43.3 24/05/2022
94	1043924 21 BR		DIRCEU BARBACENA 6	12	07:10:43.4 24/05/2022
95	1057206 21 BR		ROBERTH MURTA 3	121	07:10:48.2 24/05/2022
96	1140412 21 BR		NIVALDO SP	59	07:10:48.6 24/05/2022
97	7344 21 BR		TOMA LI TACA 2	151	07:10:48.6 24/05/2022
98	224765 21 BR		DIRCEU BARBACENA 6	12	07:10:51.5 24/05/2022
99	1606090 21 BR		PIGA DA SERRA	97	07:10:51.8 24/05/2022
100	1423489 21 BR		AMERICO DOS SANTOS	51	07:10:53.9 24/05/2022
101	1090316 21 BR		ROMARIO E CUBANO	122	07:10:54.1 24/05/2022
102	1362156 21 BR		FARLEY E LUCIANO	55	07:10:57.9 24/05/2022
103	261385 21 BR		MARCILIO E ERICK	62	07:10:58.0 24/05/2022
104	1018487 21 BR		CLENIO DAMAS ITAUNA	25	07:10:59.4 24/05/2022
105	1018237 21 BR		DIRCEU BARBACENA 4	10	07:11:05.1 24/05/2022
106	1399213 21 BR		MECA - NEGÃO - XINGU	93	07:11:06.0 24/05/2022
107	1606074 21 BR		JUNINHO	75	07:11:06.9 24/05/2022
108	1054679 21 BR		GUSTAVO E NENEGO	94	07:11:14.5 24/05/2022
109	1606080 21 BR		ALVARO E DANIEL	88	07:11:15.4 24/05/2022
110	1737 21 BR		ABEL-DOUGLAS-ALISSOM	3	07:11:17.2 24/05/2022
111	261397 21 BR		JHONATA E FAMILIA	20	07:11:19.0 24/05/2022
112	1373311 21 BR		RENATO E MARCELO IPATINGA	44	07:11:23.1 24/05/2022
113	224764 21 BR		TOMA LI TACA 2	151	07:11:23.3 24/05/2022
114	1018217 21 BR		ALAN DIVINOPOLIS	92	07:11:26.7 24/05/2022
115	1361959 21 BR		FLAVIO BOLINHA MOC	46	07:11:30.1 24/05/2022
116	1018304 21 BR		ADRIANE PORTUGAL	29	07:11:31.2 24/05/2022
117	1738 21 BR		ABEL E DOUGLAS	1	07:11:32.7 24/05/2022
118	1032900 21 BR		FLAVIO BOLINHA MOC	46	07:11:36.2 24/05/2022
119	1746 21 BR		JORGE TORRES	107	07:11:41.8 24/05/2022
120	1017785 21 BR		AMARO PE E MARCILIO	36	07:11:45.4 24/05/2022
121	1025199 21 BR		FARLEY ELUCIANO 2	56	07:11:50.2 24/05/2022

122	1049576 21 BR		FRANCISCO BARBACENA	26	07:11:53.9 24/05/2022
123	1374480 21 BR		GABRIEL E REANE	60	07:11:55.8 24/05/2022
124	1374260 21 BR		GILBERTO CRAVO	84	07:11:58.9 24/05/2022
125	1018225 21 BR		NEUDEIR	31	07:12:02.7 24/05/2022
126	1378030 21 BR		RANDOLFO E NAZAR BH	114	07:12:03.2 24/05/2022
127	261383 21 BR		RAFAEL GV	68	07:12:07.0 24/05/2022
128	1018251 21 BR		DIRCEU BARBACENA 1	7	07:12:17.0 24/05/2022
129	1423988 21 BR		AGNALDO CAPIXABA 2	110	07:12:18.5 24/05/2022
130	1017839 21 BR		CESAR 1	102	07:12:23.3 24/05/2022
131	1014374 21 BR		RONALDO MENEZES	79	07:12:26.7 24/05/2022
132	1053398 21 BR		MAX DA SERRA	65	07:12:31.4 24/05/2022
133	1374001 21 BR		RALBERTH E WELITON GV	86	07:12:34.4 24/05/2022
134	1015187 21 BR		SAULO SAO GONC	90	07:12:35.8 24/05/2022
135	1742 21 BR		AGNALDO CAPIXABA 3	118	07:12:43.6 24/05/2022
136	1374226 21 BR		ALAN JANUARIA	87	07:12:47.1 24/05/2022
137	3035950 21 BR		AGNALDO CAPIXABA	110	07:12:49.9 24/05/2022
138	224763 21 BR		DIEGO VESPASIANO	113	07:12:52.6 24/05/2022
139	3035935 21 BR		PAULO SP 2	54	07:13:17.1 24/05/2022
140	1386489 21 BR		JHONATAN BETIM 2	19	07:13:17.7 24/05/2022
141	1017947 21 BR		EDNALDO NILO GV	80	07:13:19.6 24/05/2022
142	1386492 21 BR		JHONATAN BETIM 2	19	07:13:25.5 24/05/2022
143	1748 21 BR		AGNALDO CAPIXABA 3	118	07:13:43.5 24/05/2022
144	1396617 21 BR		ROBERTO PORTEIRINHA	40	07:13:54.9 24/05/2022
145	1043944 21 BR		DIRCEU BARBACENA 1	7	07:14:08.3 24/05/2022
146	1047135 21 BR		PROFESSOR ALEXANDER	4	07:14:11.7 24/05/2022
147	1743 21 BR		EDGAR ROBERVAL	45	07:14:12.3 24/05/2022
148	1093538 21 BR		CARLUCIO E THIAGO MOC	41	07:14:16.0 24/05/2022
149	1028574 21 BR		ABEL E DOUGLAS	1	07:14:16.1 24/05/2022
150	1070395 21 BR		PASTOR EDSON SP	105	07:14:27.7 24/05/2022
151	1374539 21 BR		RODRIGO LARA DIVINOPOLIS	57	07:14:30.9 24/05/2022
152	1140322 21 BR		EMANUEL SP	74	07:14:35.4 24/05/2022
153	1372535 21 BR		CHICAO-FERNANDO-ANDERSON RO	48	07:14:37.0 24/05/2022
154	1735 21 BR		JHONATA E FAMILIA	20	07:14:41.7 24/05/2022

155	1740 21 BR		JORGE TORRES	107	07:14:53.0 24/05/2022
156	224780 21 BR		JORGE TOREES 2	108	07:15:17.3 24/05/2022
157	1399224 21 BR		DEMILSOM CONTAGEM	106	07:15:20.2 24/05/2022
158	1372544 21 BR		CHICAO	50	07:15:23.3 24/05/2022
159	3035936 21 BR		VALDIR FACUNDO 2	38	07:15:41.1 24/05/2022
160	3035948 21 BR		CESAR JULIO	6	07:15:46.2 24/05/2022
161	1374532 21 BR		ALVARO E DANIEL	88	07:15:54.3 24/05/2022
162	1090109 21 BR		NANICATE E HUGO	76	07:16:04.6 24/05/2022
163	1376676 21 BR		ELISSOM SAO GONÇALO	124	07:16:06.3 24/05/2022
164	1374423 21 BR		GABRIEL E REANE	60	07:16:11.6 24/05/2022
165	1745 21 BR		JORGE TORRES 2	108	07:16:18.7 24/05/2022
166	1048843 21 BR		ALAN DIVINOPOLIS	92	07:16:21.4 24/05/2022
167	1730 21 BR		VALDIR FACUNDO 1	37	07:16:36.7 24/05/2022
168	3035949 21 BR		MARCILIO E ERICK	62	07:17:13.8 24/05/2022
169	1373459 21 BR		GILBERTO E JOSUE TIMOTEO	22	07:17:21.3 24/05/2022
170	1036798 21 BR		GUSTAVO	5	07:17:22.2 24/05/2022
171	1054554 21 BR		SILVINHO SERRA	96	07:17:26.6 24/05/2022
172	1372565 21 BR		JHONATAN BETIM	17	07:17:29.2 24/05/2022
173	1372585 21 BR		WILLIAN CONTAGEM	39	07:17:36.4 24/05/2022
174	1018220 21 BR		NEILSON	63	07:18:09.3 24/05/2022
175	1372763 21 BR		WILLIAN CONTAGEM	39	07:18:21.1 24/05/2022
176	3035932 21 BR		ROBERT E MIGUEL	117	07:18:38.1 24/05/2022
177	1069278 21 BR		JHONATAN BETIM 2	19	07:18:41.8 24/05/2022
178	1397637 21 BR		JONATHAN E PAULO SP	111	07:18:51.3 24/05/2022
179	1374265 21 BR		GILBERTO CRAVO 2	83	07:19:37.9 24/05/2022
180	1018245 21 BR		ANDERSON E WELINGTON	73	07:20:09.3 24/05/2022
181	1043947 21 BR		DIRCEU BARBACENA 5	11	07:20:55.5 24/05/2022
182	1054558 21 BR		PIGA DA SERRA	97	07:21:08.1 24/05/2022
183	224766 21 BR		POMBAL TOMA LITACA	70	07:21:16.3 24/05/2022
184	1018490 21 BR		GILSON MACIEL	32	07:23:26.7 24/05/2022
185	1019803 21 BR		DADA ADAILTON	35	07:24:09.3 24/05/2022
186	1041287 21 BR		RODRIGO LARA DIVINOPOLIS	57	07:24:09.4 24/05/2022
187	1087814 21 BR		CHICAO E FERANDO	49	07:24:55.2 24/05/2022

188	1028593 21 BR		RENATO E MARCELO IPATINGA	44	07:24:59.5 24/05/2022
189	1018260 21 BR		JULIANO SP	98	07:26:30.8 24/05/2022
190	1069290 21 BR		JONATHAN E PAULO SP	111	07:27:28.4 24/05/2022
191	1374004 21 BR		ALAN JANUARIA	87	07:27:33.5 24/05/2022
192	1054555 21 BR		SILVINHO SERRA	96	07:30:23.0 24/05/2022
193	1372554 21 BR		CHICAO E FERNANDO	49	07:30:40.8 24/05/2022
194	1191758 21 BR		CARRASCO-VITOR-WILSON	33	07:31:11.3 24/05/2022
195	1032991 21 BR		FLAVIO BOLINHA MOC	46	07:34:03.5 24/05/2022
196	1374230 21 BR		EQUIPE IVAN GV	104	07:35:54.1 24/05/2022
197	1014372 21 BR		RONALDO MENEZES	79	07:36:38.7 24/05/2022
198	1168168 21 BR		JHONATA E PAULO SP	21	07:45:57.6 24/05/2022
199	1082030 21 BR		POMBAL 4 VIDAS	15	07:46:13.2 24/05/2022
200	1744 21 BR		EDNALDO NILO GV	80	07:47:05.0 24/05/2022
201	1043921 21 BR		DIRCEU BARBACENA 1	7	07:48:27.8 24/05/2022
202	1374540 21 BR		EDGAR ROBERVAL	45	07:50:19.8 24/05/2022
203	1374229 21 BR		CHICAO	50	07:51:42.5 24/05/2022
204	261396 21 BR		VALDIR FACUNDO 2	38	07:55:13.0 24/05/2022
205	1140410 21 BR		NIVALDO SP	59	07:56:44.8 24/05/2022
206	1377286 21 BR		CARRASCO- VITOR- WILSON	33	11:02:52.9 24/05/2022
207	1377290 21 BR		CARRASCO- VITOR-WILSON	33	12:01:07.6 24/05/2022
208	1392237 21 BR		JONATA PRETIN E ROGER	2	12:46:48.1 24/05/2022

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Pos	???????	PAIS	??????	EQ.	???
1	1016945 21 BR		GILSON MACIEL	32	-
2	1018253 21 BR		NEUDEIR	31	-
3	1364426 21 BR		AGNALDO CAPIXABA	150	-